

LIVING LIFE ON PURPOSE

None of us are an accident. God created us for a purpose: to live a purpose driven life. We are called to balance God's five purposes for our life:

Worship: Planned for God's pleasure
Fellowship: You were formed for God's family
Discipleship: You were created to become like Christ
Ministry: You were shaped for serving God
Evangelism: You were made for a mission

It is our calling, our purpose as followers of Jesus to balance these five aspects of the life he has called us to. But how do you know if you are balancing the five purposes in your life? To help you evaluate your own life in light of the five purposes, we have put together the Purpose Driven Life Spiritual Health Assessment. The assessment involves rating yourself on a series of statements designed to get at the heart issues behind each of the purposes. Once you have completed the assessment you will have a snapshot of how well you are balancing the five purposes in your life. This snapshot will enable you to see areas in which you may need to pursue further growth and areas where you have a strength that you could share with others who may need your insight to help them grow in that area. We have included a health plan that gives some ways you can start to grow on purpose.

It is important to understand that this assessment and the items contained in it are only a starting point and are not intended to be all-inclusive of every aspect of life and faith. As a starting point, they are merely a way to begin thinking about how you are balancing God's purposes for your life. Remember, we will not be perfect this side of heaven so don't use this assessment to grade yourself in terms of perfection. The assessment is to be used as a way to help you see where you might want to pursue growth and to point you in the direction of growth opportunities. This will help you form a plan that will help you balance God's five purposes for your life.

The assessment is designed to be taken in the context of your small group and it is in the context of relationship that we are able to grow as we help keep each other on the path towards growth. This tool could be used to help you determine the overall health of your group to help you determine where you may need to focus as a group in terms of study, ministry, and activities and give you a snapshot of how you are balancing the purposes as a group. To determine this, average the total scores for each member of your group using the health plan on page 68. This would give you a health plan for each individual in the group and one for the whole group itself. Our prayer is that God will use this tool to strengthen your life for Him, for others, and for the Great Commission he has called us to.

HOW DO I USE THIS ASSESSMENT?

Passionately committing to Christ:

Make following Christ and becoming more like Him a priority in your life. Be sure you have committed your life to Christ and publicly proclaim your commitment by baptism.

Praying for the Holy Spirit's guidance:

It is important for us to realize that our spiritual growth does not ultimately take place by our efforts alone, but by the work of the Holy Spirit in our lives. Our spiritual growth isn't so much what we can do for God, but rather our being open and intentional about pursuing God so He can work in and through our lives.

Participating in accountability:

Spiritual growth does not happen in a vacuum. In any other area of life we rely on others to help us to reach our goals. The same is true for our spiritual health. Get involved in a small group or connect with another person who can help keep you accountable and can encourage you in your growth.

Planning your growth annually:

Taking this assessment will help you to determine how well you are balancing the purposes and where you may need to grow. After targeting those areas you will be able to develop a strategic plan to move you toward growth.

Plugging into growth opportunities:

To facilitate your growth on your spiritual journey, we are committed to having multiple growth opportunities. We will provide you with various resources and experiences designed around the five purposes. We want to help you learn and grow in the ways that work best for you. Take advantage of the opportunities available.

Progress assessment:

Set goals for yourself on an annual basis and then take some time to evaluate your growth by taking the health assessment again. You may find that your scores will drop because you have developed a more realistic assessment of yourself. That's natural. The important thing is that each of us continues to grow.

SPIRITUAL HEALTH ASSESSMENT

Spiritual Health Assessment

Worship: You Were Planned for God's Pleasure

	Doesn't describe me	2	3	4	5
How I live my life shows that God is my highest priority	1				
I am dependent on God for every aspect of my life	1				
There is nothing in my life that I have not surrendered to (kept back from) God	1				
I regularly meditate on God's Word and invite Him into my everyday activities	1				
I have a deep desire to spend time in God's presence	1				
I am the same person in public that I am in private	1				
I have an overwhelming sense of God's awesomeness even when I do not feel His presence	1				
Worship Total	<hr style="width: 100%;"/>				

Fellowship: You Were Formed for God's Family

I am genuinely open and honest about who I am	1				
I regularly use my time and resources to care for the needs of others	1				
I have a deep and meaningful connection with others in the church	1				
I have an easy time receiving advice, encouragement, and correction from others	1				
I gather regularly with a group of Christians for fellowship and accountability	1				
There is nothing in my relationships that is currently unresolved	1				
There is nothing in the way I talk or act concerning others that I would not be willing to share with them in person	1				
Fellowship Total	<hr style="width: 100%;"/>				

Discipleship: You Were Created to Become Like Christ

I am quick to confess anything in my character that does not look like Christ	1				
A review of how I use my finances shows that I think more about God and others than I do about myself	1				
I allow God's Word to guide my thoughts and change my actions	1				
I am able to praise God during difficult times and see them as opportunities to grow	1				
I find I am making better choices to do what is right when I am tempted to do wrong	1				
I have found that prayer has changed how I view and interact with the world	1				
I am consistent in pursuing habits that are helping me model my life after Jesus	1				
Discipleship Total	<hr style="width: 100%;"/>				

Ministry: You Were Shaped for Serving God

I regularly use my time to serve God	1				
I am currently serving God with the gifts and passions he has given me	1				
I regularly reflect on how my life can have an impact for the Kingdom of God	1				
I often think about ways to use my God-given gifts and abilities to please God	1				
I enjoy meeting the needs of others without expecting anything in return	1				
Those closest to me would say my life is a reflection of giving more than receiving	1				
I see my painful experiences as opportunities to minister to others	1				
Ministry Total	<hr style="width: 100%;"/>				

Evangelism: You Were Made for a Mission

I feel personal responsibility to share my faith with those who don't know Jesus	1				
I look for opportunities to build relationships with those who don't know Jesus	1				
I regularly pray for those who don't know Christ	1				
I am confident in my ability to share my faith	1				
My heart is full of passion to share the good news of the gospel with those who have never heard it	1				
I find that my relationship with Jesus comes up frequently in my conversations with those who don't know him	1				
I am open to going anywhere God calls me, in whatever capacity, to share my faith	1				
Evangelism Total	<hr style="width: 100%;"/>				

Transfer your scores to the Spiritual Health Plan on the inside back cover of this booklet.

FRIEND-FEEDBACK ASSESSMENT

Friend Feedback Assessment

Worship: You Were Planned for God's Pleasure

	Doesn't describe	Partially describes	Generally describes
It is apparent by the way this person lives his/her life that God is his/her highest priority	1	2 3 4 5	
This person is dependent on God for every aspect of his/her life	1	2 3 4 5	
There is nothing in this person's life that he/she has not surrendered to (kept back from) God	1	2 3 4 5	
This person regularly meditates on God's Word and invites Him into his/her everyday activities	1	2 3 4 5	
This person has a deep desire to spend time in God's presence	1	2 3 4 5	
This person is the same person in public that he/she is in private	1	2 3 4 5	
This person has an overwhelming sense of God's awesomeness even when he/she does not feel His presence	1	2 3 4 5	
Worship Total	_____		

Fellowship: You Were Formed for God's Family

It is apparent that this person is genuinely open and honest about who he/she is, with others	1	2 3 4 5	
This person regularly uses his/her time and resources to care for the needs of others	1	2 3 4 5	
This person has a deep and meaningful connection with others in the church	1	2 3 4 5	
This person has an easy time allowing someone that knows them, speak truth about them	1	2 3 4 5	
This person gathers regularly with a group of Christians for fellowship and accountability	1	2 3 4 5	
There is currently nothing in this person's relationships that is unresolved	1	2 3 4 5	
There is nothing in the way this person talks or acts concerning others that they would not be willing to share with them in person	1	2 3 4 5	
Fellowship Total	_____		

Discipleship: You Were Created to be Like Christ

This person is quick to confess anything in his/her character that does not look like Christ	1	2 3 4 5	
A review of how this person uses their finances shows that he/she thinks more about God and others than he/she does about him/herself	1	2 3 4 5	
This person allows God's Word to guide his/her thoughts and change his/her actions	1	2 3 4 5	
This person is able to praise God during difficult times and see them as opportunities to grow	1	2 3 4 5	
This person finds he/she is making better choices to do what is right when tempted to do wrong	1	2 3 4 5	
This person has found that prayer has changed how he/she views and interacts with the world	1	2 3 4 5	
This person is consistent in pursuing habits that are helping them model his/her life after Jesus	1	2 3 4 5	
Discipleship Total	_____		

Ministry: You Were Shaped for Serving God

It is apparent that this person regularly uses his/her time to serve God	1	2 3 4 5	
This person is currently serving God with the gifts and passions He has given them	1	2 3 4 5	
This person regularly reflects on how his/her life can have an impact for the Kingdom of God	1	2 3 4 5	
This person often thinks about ways to use his/her God-given gifts and abilities to please God	1	2 3 4 5	
This person enjoys meeting the needs of others without expecting anything in return	1	2 3 4 5	
Those closest to this person would say his/her life is a reflection of giving more than receiving	1	2 3 4 5	
This person is able to see his/her painful experiences as opportunities to minister to others	1	2 3 4 5	
Ministry Total	_____		

Evangelism: You Were Made for a Mission

It is apparent that this person feels personal responsibility to share his/her faith with those who don't know Jesus 1	1	2 3 4 5	
This person looks for opportunities to build relationships with those who don't know Jesus	1	2 3 4 5	
This person regularly prays for those who don't know Christ	1	2 3 4 5	
This person is confident in their ability to share his/her faith	1	2 3 4 5	
This person finds that their relationship with Jesus comes up frequently in his/her conversations with those who don't know Him	1	2 3 4 5	
This person's heart is full of passion to share the good news of the gospel with those who have never heard it	1	2 3 4 5	
This person is open to going anywhere God calls them, in whatever capacity, to share his/her faith	1	2 3 4 5	
Evangelism Total	_____		

Transfer your scores to the Spiritual Health Plan on the inside back cover of this booklet.

PERSONAL SPIRITUAL HEALTH PLAN

Spiritual Health Plan for _____ (your name)

I will share my plan with _____ who will be my spiritual partner to help me balance the five Biblical purposes in my life.

PURPOSES	PRACTICES	PARTNERSHIP	PROGRESS
<i>What purposes are out of balance?</i>	<i>What do I need to do?</i>	<i>How will my spiritual partner help me in this purpose?</i>	<i>What progress have I made?</i>
Worship How I scored myself _____ How my friend scored me _____			
Fellowship How I scored myself _____ How my friend scored me _____			
Discipleship How I scored myself _____ How my friend scored me _____			
Ministry How I scored myself _____ How my friend scored me _____			
Evangelism How I scored myself _____ How my friend scored me _____			